# From "Me" to "We:" Are you ready to steer the ship?



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Introductions



#### Agenda

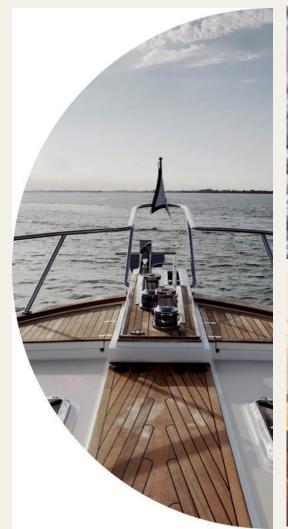
- + Goal for Today
- + Benefits & Challenges of Being a People Manager
- + Table Activity
- Worksheet Activity
- + Next Steps



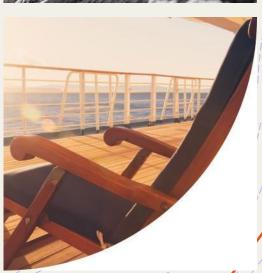


# Goal for Today (and a disclaimer)

Exercising emotional self-awareness regarding where you are on the "Am I ready to supervise?" path







## Benefits of Being a People Manager vs an Individual Contributor

- + Involvement in decision-making
- + Autonomy and control over your work
- + Collaborative work environment

- + Career advancement and development opportunities
- + Motivating Pay Incentives
- + (Our addition) Helping others become who they want to be

# Challenges of Being a People Manager vs an Individual Contributor

- Unclear expectations (and competing priorities)
- Heavy workload & distractions at work (MANY meetings)

- Job stress & frustrations
- Less focus on manager strengths
- Frustrating performance reviews & systems

## Influences



#### Personal Reflection

Current and past supervisors

Characteristics you admire

Characteristics you possess





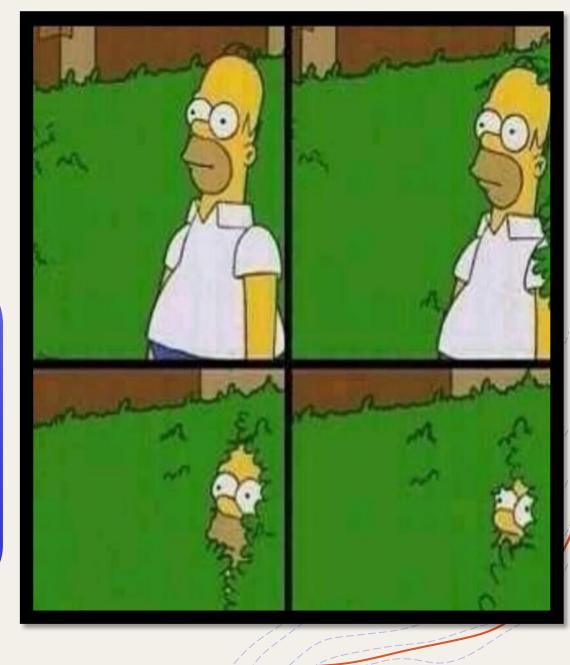
# Reality

Tolerance level for meetings



2)

Default reaction to conflict



BACKSTAGE

3)
Comfort level
with giving others
the stage

4)
Comfort level
giving up control

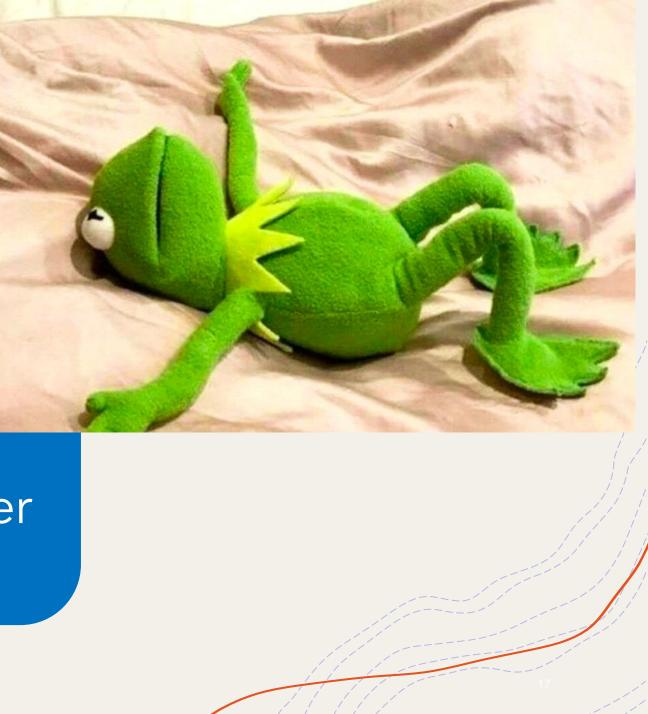




5)

Building in time to learn about your identities and how the experiences you've had might shape your management lens

Comfort level with managing others in ways you would prefer NOT to be managed



Comfort level with NOT being friends with your staff





8)

Comfort level with confidentiality

9) Comfort level with being held accountable for the work others



## Rhetorical questions

Go back and look at your answers:

+ Are you being truthful with yourself?

OR

+ Are you answering with the perception of what it means to be a good manager?

## Next Steps

+ Test out some ideas

+ Where could you invest some time in developing yourself?

## Next Steps

+ What's your 1st step?

+ What's your deadline?

+ Who will hold you accountable?

### Final Thoughts

4 New people managers <u>often</u> feel incompetent & unsure of themselves at first

- + No one is ever "ready"
- + It's not an irreversible career choice

+ Check out some of the articles we have collected



